

## *Are there plant biomarkers for microplastic pollution in soil? A review*

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**Abstract.** The ubiquitous presence of microplastics (MPs) in the environment is due to their higher persistence and extensive use in almost every sector of our society, including packaging, construction, medicine, automotive, electronics, etc. Nowadays they are becoming an emerging threat on the soil-plant system, especially in agricultural production. The main goal of the present review is to synthesize the studies in this field with the majority of literature spanning the last five years in order to highlight possible plant biomarkers for MPs pollution in soil. Data revealed that the effect of MPs on plants are predominantly negative, but many studies revealed no significant effects as well as some studies reveal a positive effect (stimulation) of some plant biomarkers. Different plant species demonstrated different responses to same MPs pollution, which could be explained by both biological specificities in plant structure and/or in plant physiology. Overall, there is a dire need to establish long-term studies for a better understanding of their fate and associated risks mechanisms in realistic environment scenarios for safe agricultural functions.

**Key words:** soil-plant system, phytotoxicity, soil pollution, plant response, biomarkers.

### **Introduction**

Plastics are well known synthetic materials made up of polymers, representing long molecules around chains of carbon atoms, especially hydrogen, nitrogen, oxygen, and sulfur (Zainudin et al., 2020). Based on their size, plastics are separated into four groups, namely macroplastics (>25 mm), mesoplastics (5–25 mm), microplastics (MPs) (0.1–5 mm), and nanoplastics (NPs) (<100 nm) (Alimi et al., 2018; Azeem et al., 2021).

The extensive use of plastics has resulted in an alarming rate of release of plastic waste into the environment (Geyer et al., 2017). Soil, especially arable soil, has become a major and

permanent sink for plastic, coming mostly from anthropogenic activities such as manufacturing, wastewater treatment plants (WTPs), mulching by agricultural systems and so on (Chae & An, 2018; de Souza Machado et al., 2018; Geyer et al., 2017). Most plastic waste is ultimately landfilled and difficult to degrade, leading to the gradual accumulation of plastics in the environment (Wright and Kelly, 2017). MPs differ from other soil pollutants by their lack of background value under natural conditions (He et al., 2022). Once MPs enter the soil they are trapped into different organic-mineral complexes and remain there for a very long time (Fuller and Gautam, 2016).

Higher plants, an irreplaceable part of the terrestrial ecosystem, are inevitably exposed to microplastics in both air, water and soil. The ecological effects of MPs on plants are widely studied in hydroponic systems but there is a small number of papers concerning the processes in soil-plant system and the effect of MPs on plant organism. Furthermore, their presence in plant food destined for human consumption causes a potential risk for the human health, the harmful effects of which have not yet been assessed. So, the need of a more comprehensive and deeper understanding MPs behavior in soil-plant system, their bioaccumulation patterns and effects on higher plants arises.

In this context, the scope of the present review is to: i) summarize the most current progress in the recent five years; ii) investigate the potential toxic impact of MPs on plants, especially crop plants; iii) reveal possible plant biomarkers of soil MPs pollution. This review will improve the understanding of the environmental behavior of MPS in soil-plant system, the effects and influencing mechanisms of MPs on higher plants and provide a theoretical reference to better assess the ecological risk of MPs in agricultural land.

**Material and methods**

We performed a literature search to gain an understanding of what is the scientific knowledge about the impact of soil MPs on plants as well as which plant biomarkers have been most studied. The initial identification of the scientific literature in the field was done by searching for articles in most popular databases – Scopus, Web of Science and Science Direct platforms. The keywords searched were “microplastics in soil”, “microplastics in plants”, “microplastics toxicity on plants” (first stage of the review process) (Fig. 1). Some additional keywords associated with “plant biomarkers” and “plants response to microplastics” were also used in order to refine the results achieved.

Second stage screening of the outputs included manual removal of duplicates, and after that by checking the title, abstract and conclusions. The focus was on plant-soil system interactions, so the publication that employed non-soil experiments were ignored. The year of publication was also checked as we wanted to analyze the most current progress in this field (2019-2023). Third stage screening of the outputs revealed 30 papers that were relevant from all 128 found at first stage (O’Riordan et al., 2021; Petrova & Nikolov, 2023).

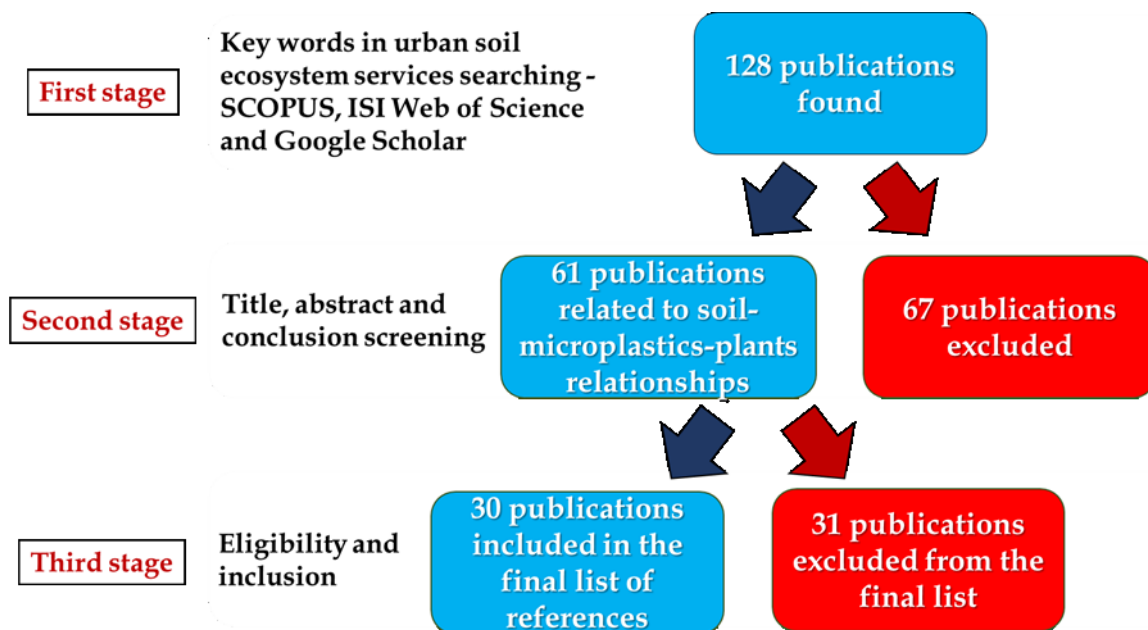


Fig. 1. Literature review process

The inclusion and exclusion criteria have been applied during the screening process (Table 1). From all 128 publications found at the first stage, only publications that addressed any context of soil-microplastics-plants relationships and were published in the period 2019-2023 were selected on the second stage – 61 passed and 67 excluded. At third stage, the thematic relevance was subjected

to screening and total of 30 publications that addressed terrestrial plants response to MPs in soil were included into review analysis.

The literature review confirmed that the ecological effects of MPS on plants are widely studied in both aquatic or hydroponic systems but there is a small number of papers estimating the soil microplastics impact on plants (30 papers for the five-year period).

**Table 1.** List of criteria used in the three-step review process

| Stage   | Inclusion criteria   | Exclusion criteria   |
|---|--|--|
| 1. Identification   | Key words  | no   |
| 2. Title, abstract and conclusion screening; publication year | Thematic relevance to the impact of microplastics in the soil to terrestrial plants<br>Publication year in the range 2019-2023 | Unrelated topic to soil-microplastics-plants interactions, abstract out of scope, no access, older than 2019 |
| 3. Eligibility and inclusion                                  | Thematic relevance to the plants response (plant biomarkers) to MPs in soil  | Content out of scope   |

### Results and discussion

There are two major questions to be addressed within the soil-MPs-plants system: (a) plant uptake of MPs from soil and (b) ecological impact of absorbed MPs on plant's organism.

#### *Uptake of soil MPs by terrestrial plants*

Soil plastic pollution is a problem of a major concern but the problem with micro- and nanoplastics bioaccumulation by plants and their possible translocation through the trophic chains is still underestimated.

Generally, MPs have been considered to be difficult to uptake by plants due to their high molecular weight and/or large particle size (Ng et al., 2018; Zhang et al., 2022). Nevertheless, many experiments revealed that MPS can be uptake by the root system and transported to the shoot. Some studies have shown that the prevailing part of MPs accumulate on the root surface due to the large particle size and/or the strong hydrophobicity (Bosker et al., 2019; Taylor et al., 2020; Urbina et al., 2020). Sun et al. (2022) proved that the positively charged PS-NH<sub>2</sub> accumulate around the root zone but negatively charged PS-SO<sub>3</sub>H

can be translocated by root hairs to the mature zone. They supposed that different behavior of MPs is probably related to the effects of root exudates. Other authors revealed that the uptake of MPs by plants can be enhanced in the presence of heavy metals. Dong et al. (2021) reported that As in soil led to an increment of negatively charged MPs, so a greater plant uptake. They found also that As can deform or destroy the cell walls and thus allowing PS particles (<200 nm) to enter the cells of carrot.

There are many fractions of MPs which can get across plants' membranes and cell wall barriers as these processes are well documented using fluorescent microbeads (Li et al., 2021; Taylor et al., 2020). Taylor et al. (2020) revealed that MPs accumulate in wheat root cells although they cannot enter the plant. In a recent study Fajardo et al. (2022) used three types of MPs (white, blue and fluorescent blue) within a pot experiment with *Zea mays* seeds. They found that MPs not only accumulate in plant tissues but also act as pollutants carriers which poses a serious threat to both soil biota and terrestrial plants.

As He et al. (2018) stated, terrestrial plants have a plenty of specific structures and

mechanisms which may promote the uptake of MPs from soil, i.e. root, xylem, cytoplasm and vacuoles, transpiration, water and lipid fractions, potential of tonoplast, of plasma membrane, etc. By this way, the bioaccumulated MPs in plants could be transferred and even biomagnified in the food chains, threatening human health. There is still a gap of knowledge in this field, probably due to the challenges like the inefficient extraction and quantification of MPS that are absorbed into plant tissues.

#### *Plant biomarkers for MPs toxicity*

Microplastics can affect plants both directly and indirectly. They can indirectly affect plant performance by changing the physicochemical properties or biological conditions of soil (Wang et al., 2022). For example, MPs in soil can significantly alter the soil pH, conductivity, and C:N ratio and thus they directly impact on abiotic composition in the soil-plant system (Qi et al., 2020a, Qi et al., 2020b) which might in further influence the plants development. The rhizosphere is regarded as the critical zone where various interactions between soil, plants and microorganisms occur (Mendes et al., 2013). Other study has found that MPs also could impact on some of the fundamental physiological processes in plants by changing the rhizosphere microbial community's structure and metabolism (Ren et al., 2021). Consequently, it is obvious that soil MPs pollution not only interferes with soil nutrient cycling, but also potentially threatens the interspecific relationship and biodiversity of terrestrial ecosystems.

Direct effect of MPs is related to changes of various plant traits, mainly physiological (germination, growth, photosynthesis) and biochemical (metabolism, oxidative stress), but also genotoxic ones, as discussed below (Table 2). The effects of MPs were closely related to the species of plants and plastic type (chemical content) as well as to the MPs size and concentration in soil.

Nevertheless, we made an attempt to synthesize all recent knowledge in this field and to assess plants' response in order to evaluate the potential of some plant traits to be used as biomarkers for soil MPs pollution.

#### *Seed germination*

Plants' life cycle is quite dynamic as they constantly have to face changing environmental conditions. This permanent process of adaptation is particularly important for the seed germination, which, if occurring under unfavorable environmental conditions, can compromise the propagation of the species and crop yield (Golubinova et al., 2020; Longo et al., 2021). Seed germination is the first developmental process in the life cycle of vascular plants. This transition - from a dormant to a germinating seed - could be described as a crucial developmental switch in the plant ontogenesis. Subsequent transition from a germinating seed to an autotrophic organism is also very important step that requires a multi-layered control due to its susceptibility to various factors. Seed germination and seedling growth are considered as multistep processes, involving both internal and external signals, aiming at provide a fine-tuning control network in plant (Longo et al., 2021). It is well-known that the process of transition from seed dormancy to seed germination is crucial also for the production of offspring, so it is often studied as an important ecological and commercial trait.

The effect of MPs on seed germination has been often reported to be negative especially in hydroponic conditions. Pehlivan & Gedik (2021) found that the germination potential of maize seeds was significantly reduced when exposed to 75-212 µm PVC particles in a soil culture media (0.02 g MPs/150 g soil), but Fajardo et al. (2022) revealed no significant effect on the germination of maize seeds exposed to PE microbeads (212-300 µm size, 0.1% w/w dose) in a pot experiment. An inhibition of seed germination of garden cress was reported by Pignattelli et al. (2020) which conducted a chronic toxicity experiment with natural soils and four type of MPs (0.125 mm) - PP, PE, PVC and PVC+PE mixture, at a concentration of 184 mg/kg. As Pflugmacher et al. (2020) supposed, the toxic leachates from plastic particles could be one of the possible factors for such inhibition. Other authors stated that MPs accumulate into seed coat, so they can suppress germination by blocking the surface pores and water uptake (Bosker et al., 2019).

**Table 2.** Effects of microplastics on plants

| Plant species                        | Type of MPs                           | Size of MPs             | Exposure concentration of MPs | Exposure time | MPs impact   |                     | Reference              |
|--------------------------------------|---------------------------------------|-------------------------|-------------------------------|---------------|--|---------------------|------------------------|
|                                      |                                       |                         |                               |               | Biomarker  | Effect              |                        |
| Maize ( <i>Zea mays</i> )            | PE<br>PLA                             | 100-154 mm              | 0, 0.1%, 1% and 10% (w/w)     | 30 days       | Growth   | 0/0 PE<br>0/- PLA   | Wang et al. 2020       |
|                                      |                                       |                         |                               |               | Biomass  | 0/0 PE<br>0/- PLA   |                        |
|                                      |                                       |                         |                               |               | Chlorophyll  | 0/0 PE<br>0/- PLA   |                        |
| Maize ( <i>Zea mays</i> )            | HDPE<br>PLA                           |                         | 0, 0.1%, 1% and 10% (w/w)     | 30 days       | Biomass  | 0/+ HDPE<br>+/- PLA | Yang et al. 2021       |
| Maize ( <i>Zea mays</i> )            | PE                                    | 212-300 µm              | 0.1% w/w                      | 4 weeks       | Seed germination   | 0                   | Fajardo et al. 2022    |
|                                      |                                       |                         |                               |               | Leaf length  | -                   |                        |
|                                      |                                       |                         |                               |               | Root length  | -                   |                        |
|                                      |                                       |                         |                               |               | CAT gene   | 0 root<br>- leaf    |                        |
|                                      |                                       |                         |                               |               | GST gene   | 0                   |                        |
|                                      |                                       |                         |                               |               | SOD gene root  | +                   |                        |
| Maize ( <i>Zea mays</i> )            | PVC                                   | 75-150 mm<br>150-212 mm | 0.02 g (w/w)/150 g soil       |               | Germination  | -                   | Pehlivan & Gedik, 2021 |
|                                      |                                       |                         |                               |               | Chlorophyll  | -                   |                        |
|                                      |                                       |                         |                               |               | genes POD1 and HSP1  | + HSP1<br>0 POD1    |                        |
|                                      |                                       |                         |                               |               | Relative water content   | -                   |                        |
|                                      |                                       |                         |                               |               | Membrane stability index                                       | -                   |                        |
|                                      |                                       |                         |                               |               | H <sub>2</sub> O <sub>2</sub>                                  | +                   |                        |
|                                      |                                       |                         |                               |               | quantum photosynthetic yield of photosystem-II Y(II)           | 0                   |                        |
|                                      |                                       |                         |                               |               | max. electron transport rate (ETR)                             | -                   |                        |
|                                      |                                       |                         |                               |               | max. quantum yield (FV/FM)                                     | 0                   |                        |
|                                      |                                       |                         |                               |               | FV/F0  | 0                   |                        |
|                                      |                                       |                         |                               |               | Plant height   | 0/+                 |                        |
|                                      |                                       |                         |                               |               | Shoot biomass  | +                   |                        |
|                                      |                                       |                         |                               |               | Root biomass   | 0                   |                        |
|                                      |                                       |                         |                               |               | Pigments content   | +                   |                        |
| Maize ( <i>Zea mays</i> )            | polyuret an - coated fertilizer (PCF) | 3.79 ± 0.60 mm          | 0.01%, 0.1%, and 1% w/w       |               | net photosynthetic rate  | +                   | Lian et al., 2021      |
|                                      |                                       |                         |                               |               | transpiration rate (Tr) and stomatal conductance (Gs)          | 0                   |                        |
|                                      |                                       |                         |                               |               | intracellular CO <sub>2</sub> concentration                    | -                   |                        |
|                                      |                                       |                         |                               |               | water use efficiency (WUE) and stomatal limitation values (Ls) | +                   |                        |
|                                      |                                       |                         |                               |               | root-to-shoot ratio  | 0/+                 |                        |
|                                      |                                       |                         |                               |               | shoot biomass  | 0                   |                        |
|                                      |                                       |                         |                               |               | Shoot and root biomass   | -/+                 |                        |
| Wheat ( <i>Triticum aestivum</i> L.) | PVC and PE                            | 125 µm                  | 1%, 5%, 10%, and 20%          | 35 days       | harvested seed C:N ratio                                       | 0                   | Zang et al. 2020       |

|  |   |  |  |                                  |                                      |                               |                     |     |                      |
|--|---|--|--|----------------------------------|--------------------------------------|-------------------------------|---------------------|-----|----------------------|
| <b>Wheat</b><br>( <i>Triticum aestivum</i> L.) | LDPE  | 200–250 $\mu\text{m}$  | 0.5%, 1%, 2%, 5%, 8% (w/w)                 | 15 days                          | Shoot and root length                | - shoot<br>+ root             | Liu et al.<br>2021  |     |                      |
|  |   |  |  |                                  | Biomass                              | +/- shoot<br>+ root           |                     |     |                      |
|  |   |  |  |                                  | chlorophyll                          | +/-                           |                     |     |                      |
|  |   |  |  |                                  | Root SOD, POD, CAT                   | +                             |                     |     |                      |
| <b>Wheat</b><br>( <i>Triticum aestivum</i> L.) | LDPE and starch-based biodegradable plastic (Bio) | 1 mm, 500 $\mu\text{m}$ , 250 $\mu\text{m}$ and 50 $\mu\text{m}$ | 1% (w/w) content                           | 2 months<br>4 months<br>139 days | Plants height                        | 0                             | Qi et al.,<br>2018  |     |                      |
|  |   |  |  |                                  | Number of tillers                    | 0                             |                     |     |                      |
|  |   |  |  |                                  | Number of fruits                     | 0                             |                     |     |                      |
|  |   |  |  |                                  | Shoot biomass                        | -                             |                     |     |                      |
|  |   |  |  |                                  | Root biomass                         | -                             |                     |     |                      |
|  |   |  |  |                                  | Root/shoot ratio                     | +                             |                     |     |                      |
|  |   |  |  |                                  | Leaf area                            | +                             |                     |     |                      |
|  |   |  |  |                                  | Number of leaves                     | 0                             |                     |     |                      |
|  |   |  |  |                                  | Stem diameter                        | -/0                           |                     |     |                      |
|  |   |  |  |                                  | chlorophyll                          | 0                             |                     |     |                      |
| <b>Wheat</b><br>( <i>Triticum aestivum</i> L.) | PE  | 200 $\mu\text{m}$  | 0.2%                                       | 42 days                          | Growth/height biomass                | +                             | Guo et al.,<br>2022 |     |                      |
|  |   |  |  |                                  | Chlorophyll                          | +                             |                     |     |                      |
|  |   |  |  |                                  | Carotenoids                          | +                             |                     |     |                      |
|  |   |  |  |                                  | SOD                                  | 0                             |                     |     |                      |
|  |   |  |  |                                  | APX                                  | -                             |                     |     |                      |
|  |   |  |  |                                  | POD                                  | +                             |                     |     |                      |
| <b>Wheat</b><br>( <i>Triticum aestivum</i> L.) | PE and PVC  | 125 $\mu\text{m}$  | 1% and 5%                                  | 54 days                          | Shoot biomass                        | +                             | Liu et al.,<br>2022 |     |                      |
|  |   |  |  |                                  | Root biomass                         | + PVC 5%                      |                     |     |                      |
|  |   |  |  |                                  | Shoot-to-root ratio                  | -                             |                     |     |                      |
| <b>Soybean</b><br>( <i>Glycine max</i> )       | PS  | 100 nm, 1 $\mu\text{m}$ , 10 $\mu\text{m}$ and 100 $\mu\text{m}$ | 10 mg/kg                                   | 30 days                          | ROS, CAT, MDA, SOD and POD in roots  | +                             | Xu et al.,<br>2021  |     |                      |
|  |   |  |  |                                  | ROS, MDA, SOD, Cat POD in stems      | 0                             |                     |     |                      |
|  |   |  |  |                                  | CAT and SOD in leaves                | +                             |                     |     |                      |
|  |   |  |  |                                  | activity of soybean roots (KIT test) | -                             |                     |     |                      |
|  |   |  |  |                                  | genes SOD, CAT, POD                  | +                             |                     |     |                      |
| <b>Soybean</b><br>( <i>Glycine max</i> )       | PE  | 20 and 50 $\mu\text{m}$  | 0.1% and 1%                                | 49 days                          | Shoot length                         | +                             | Lian et al.<br>2022 |     |                      |
|  |   |  |  |                                  | Shoot weight                         | 0                             |                     |     |                      |
|  |   |  |  |                                  | Root length                          | -                             |                     |     |                      |
|  |   |  |  |                                  | Root weight                          | -                             |                     |     |                      |
|  |   |  |  |                                  | chlorophyll                          | 0                             |                     |     |                      |
|  |   |  |  |                                  | SOD leaves                           | 0                             |                     |     |                      |
|  | PLA   | from 20 to 60 $\mu\text{m}$                                      | 0.1% and 1%                                | 49 days                          | POD leaves                           | -                             |                     |     |                      |
|  |   |  |  |                                  | CAT leaves                           | +                             |                     |     |                      |
|  |   |  |  |                                  | Soluble protein                      | +                             |                     |     |                      |
|  |   |  |  |                                  |                                      | H <sub>2</sub> O <sub>2</sub> |                     | +   |                      |
|  |   |  |  |                                  |                                      | 31 metabolites in leaves      |                     | -/+ |                      |
|  | <b>Rice</b><br>( <i>Oryza sativa</i> )            | PS and PTFE  | 1–1 $\mu\text{m}$ and 10–100 $\mu\text{m}$ | 0.25% and 0.5%                   |                                      | Biomass                       |                     | -   | Dong et al.,<br>2022 |
|  |   |  |  |                                  |                                      | Rice root activity            |                     | -   |                      |
| H <sub>2</sub> O <sub>2</sub> in grains        |   |  |  |                                  |                                      | +                             |                     |     |                      |
| Enzyme activity (SSS and AGP) in grains        |   |  |  |                                  |                                      | -                             |                     |     |                      |
| Starch (hemoglobin) contents in roots          |   |  |  |                                  |                                      | -                             |                     |     |                      |

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|   |  |                |                              |         |  |   |                      |  |                          |         |  |  |                     |
|---|--|----------------|------------------------------|---------|--|---|----------------------|--|--------------------------|---------|--|--|---------------------|
| <b>Rice</b><br>( <i>Oryza sativa</i> L.<br>II You. 900)   | PS   | <50 mm         | 50, 250, 500<br>mg/l         | 142 da  | Shoot length                                 | -   | Wu et al.,<br>2020   |  |                          |         |  |  |                     |
|   |  |                |                              |         | Shoot biomass                                | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | CAT and ROS                                  | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | POD, SOD, MDA                                | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | primary and<br>secondary<br>(metabolites)    | - Primary<br>- Secondary<br>+ Cycloserine<br>+ Asparagine |                      |  |                          |         |  |  |                     |
| <b>Lettuce</b><br>( <i>Lactuca sativa</i> L.)   | PE   | 8.68–500<br>µm | 0.1% 1% and<br>10%           | 45 days | Plant biomass                                | 0/-   | Wang et<br>al., 2021 |  |                          |         |  |  |                     |
| <b>Lettuce</b><br>( <i>Lactuca sativa</i> L.)   | PE<br>microfiber   |                | 0.1% and 0.2%                | 58 days | Chlorophyll                                  | -   | Zeb et al.,<br>2022  |  |                          |         |  |  |                     |
|   |  |                |                              |         | net photosynthetic<br>rate                   | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | POD and CAT                                  | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | SOD  | 0   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | MDA  | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | 46 leaf<br>metabolites                       | - 17<br>metabolites                                       |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Shoot length                                 | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Root length                                  | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Shoot and root<br>biomass LDPE               | 0   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Fruit biomass<br>LDPE                        | 0   |                      |  |                          |         |  |  |                     |
| <b>Common<br/>bean</b><br>( <i>Phaseolus vulgaris</i> L.)   | LDPE<br>and<br>biodegra<br>dable<br>plastic<br>(Bio-<br>MPs) | 250– 500<br>µm | 1.0%, 1.5%,<br>2.0% and 2.5% | 46 days | Pod number<br>LDPE                           | 0   | Meng et<br>al., 2021 |  |                          |         |  |  |                     |
|   |  |                |                              |         | Leaf area LDPE                               | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Chlorophyll<br>LDPE                          | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Root length<br>LDPE                          | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | fine root surface area<br>proportion LDPE    | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Shoot and root<br>biomass Bio-MPs            | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Shoot-to-root-<br>ratio Bio-MPs              | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Fruit biomass<br>Bio-MPs                     | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Leaf area Bio-MPs                            | -   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Root length Bio-MPs                          | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | Chlorophyll Bio-MPs                          | +   |                      |  |                          |         |  |  |                     |
|   |  |                |                              |         | <b>Mung bean</b><br>( <i>Vigna radiata</i> ) | shoe<br>sole<br>fragmen<br>ts                             |                      | < 1 mm<br>204 ± 131<br>µm, 57 ±<br>46 µm,<br>156 ± 144<br>µm, and<br>229 ± 108<br>µm | 0, 0.1%, and<br>1% wt/wt | 28 days | Shoot growth                           | - Sneaker<br>+ Slippers<br>+ Running<br>shoes        | Lee et al.,<br>2022 |
|   |  |                |                              |         |  |   |                      |  |                          |         | Root growth                            | + Trekking<br>+ Sneakers                             |                     |
|   |  |                |                              |         |  |   |                      |  |                          |         | Polyphenolic<br>compounds in<br>leaves | +Flavonoids<br>+Antocyanins<br>- Nitrogen<br>balance |                     |
| Chlorophyll   | -  |                |                              |         |  |   |                      |  |                          |         |  |  |                     |
| Max. fluorescence<br>(Fm), max. photoch.<br>efficiency of<br>photosystem II<br>(QYmax), coefficient<br>of photochemical<br>quenching (qP) | - Sneakers   |                |                              |         |  |   |                      |  |                          |         |  |  |                     |

|   |   |  |  |                   |                                     |                   |                                      |
|---|---|--|--|-------------------|-------------------------------------|-------------------|--------------------------------------|
| <b>Tomato</b><br>( <i>Lycopersicon<br/>esculentum</i><br>Mill.)   | PP,<br>HDPE,<br>LDPE<br>and PET               | 0.31-2.11<br>mm                                  | 17.870 ± 2174,<br>27.821 ± 1357,<br>47.130 ± 3002<br>particles /kg<br>dw of sludge | 109 days          | Biomass                             | +                 | Hernandez-<br>Arenas et<br>al., 2020 |
|   |   |  |  |                   | Crop yield                          | -                 |                                      |
| <b>Rape</b><br>( <i>Brassica<br/>napus</i> L.)                    | PE  | 293 µm   | 0.001%, 0.01%<br>and 0.1%  | 60 days           | MDA content                         | 0/+               | Jia et al.<br>2022                   |
|   |   |  |  |                   | SOD and POD<br>activity             | 0/+               |                                      |
|   |   |  |  |                   | Soluble sugar<br>content            | -                 |                                      |
|   |   |  |  |                   | Vit. C                              | -                 |                                      |
|   |   |  |  |                   | Chlorophyll                         | 0/-               |                                      |
| Electrolytic<br>leakage of root                                   | -/+   |  |  |                   |                                     |                   |                                      |
| <b>Sweet<br/>potato</b><br>( <i>Ipomoea<br/>batatas</i> Lam.)     | PE  | 5 µm   | 1% and 5%  | 15 days           | Biomass                             | +                 | Shi et al.<br>2022                   |
|   |   |  |  |                   | Total protein                       |                   |                                      |
| <b>Garden<br/>cress</b><br>( <i>Lepidium<br/>sativum</i> )        | PP, PE,<br>PVC, PE<br>+ PVC                   | 0.125<br>mm                                      | 0.02% (w/w)  | 6 days<br>21 days | SOD, POD, GSH,<br>MDA               | +                 | Pignattelli<br>et al. 2020           |
|   |   |  |  |                   | Seed germination                    | -                 |                                      |
|   |   |  |  |                   | Plant height                        | -                 |                                      |
|   |   |  |  |                   | Biomass                             | +                 |                                      |
|   |   |  |  |                   | Leaf number                         | -                 |                                      |
|   |   |  |  |                   | H <sub>2</sub> O <sub>2</sub>       | +                 |                                      |
|   |   |  |  |                   | Glutathione                         | -                 |                                      |
|   |   |  |  |                   | Vit. C                              | -                 |                                      |
|   |   |  |  |                   | Chlorophyll                         | +                 |                                      |
|   |   |  |  |                   | Carotenoids                         | +                 |                                      |
| Aminolaevulinic<br>acid   | +   |  |  |                   |                                     |                   |                                      |
| Proline   | +   |  |  |                   |                                     |                   |                                      |
| <b>Chinese<br/>cabbage</b><br>( <i>Brassica<br/>chinensis</i> L.) | HDPE<br>and<br>general<br>purpose<br>PS       | <25, 25-<br>48, 48-<br>150, and<br>150-850<br>µm | 0.5, 5, 10, and<br>20 g MP kg <sup>-1</sup>  | 30 days           | Fresh weight                        | -                 | Yang et<br>al., 2021                 |
|   |   |  |  |                   | Growth                              | -                 |                                      |
|   |   |  |  |                   | Leaf soluble sugar<br>concentration | +                 |                                      |
|   |   |  |  |                   | Leaf concentra-<br>tions of starch  | -                 |                                      |
|   |   |  |  |                   | Chlorophyll                         | -                 |                                      |
| <b>Cucurbita<br/>pepo</b> L.                                      | HDPE,<br>PVC, PP<br>and PET                   | 40-50<br>µm                                      | 0.02%, 0.1%<br>and 0.2%,   | 28 days           | Fresh biomass                       | -                 | Colzi et<br>al., 2022                |
|   |   |  |  |                   | Dry biomass                         | -                 |                                      |
|   |   |  |  |                   | Chlorophyll                         | - PE<br>-PVC      |                                      |
|   |   |  |  |                   | Fluorescence                        | - PE<br>-PVC      |                                      |
|   |   |  |  |                   | Fv/Fm                               | - PE<br>-PVC      |                                      |
|   |   |  |  |                   | Performance<br>index (PIABS)        | - PVC             |                                      |
|   |   |  |  |                   | NDVI                                | - PE<br>-PVC      |                                      |
|   |   |  |  |                   | Water content                       | - PET             |                                      |
|   |   |  |  |                   | Leaf area                           | - PE<br>-PVC      |                                      |
|   |   |  |  |                   | SLA                                 | + PE<br>+ PVC     |                                      |
| <b>Spring<br/>onion</b><br><i>Allium<br/>fistulosum</i>           | PA,<br>HDPE,<br>PET, PP,<br>PS, PES<br>fibers | 15 µm -<br>>800 µm                               |  | 45 days           | Root biomass                        | + PES, PS         | de Souza<br>Machado<br>et al., 2019  |
|   |   |  |  |                   | Total root length                   | +                 |                                      |
|   |   |  |  |                   | Root diameter                       | -                 |                                      |
|   |   |  |  |                   | Total root area                     | +                 |                                      |
|   |   |  |  |                   | Root tissue<br>density              | - PA<br>+ PES, PS |                                      |



### *Plant height*

One of the most visible symptoms of MPs effect on plants is the altered plant growth varying from inhibition through indifferent up to stimulation. Maize plants showed decreased root and shoot length under PE contamination in the study of Fajardo et al. (2020) but maize plants in the experiment with polyuretan-coated fertilizer exerted no effect (Lian et al., 2021). Wheat cultivars shoot length was found to be inhibited by low-density polyethylene particles (200–250  $\mu\text{m}$ ) but the shoot length was stimulated in an acute experiment (15 days) (Liu et al., 2021). Other authors reported that PE MPs of 200  $\mu\text{m}$  size and 0.2% concentration in soil exerted a stimulatory influence on wheat plants for a 42-days period (Guo et al., 2022). Same MPs have no effect on wheat growth in a long-term experiment conducted by Qi et al. (2018). When regarding rice plants, Wu et al. (2020) and Dong et al. (2022) revealed that PS MPs suppressed root and shoot elongation.

Another important parameter is the root-to-shoot ratio which is defined as the ratio of the amount of plant tissues that have supportive functions to the amount of those that have growth functions. Plants with a higher proportion of roots can compete more effectively for soil nutrients, while those with a higher proportion of shoots can collect more light energy. So, this ratio is often analyzed in various plant studies. Zang et al. (2020) reported that the root-to-shoot ratio of wheat plants significantly increased under 10% and 20% MPs (PVC and PE) in the soil media. Same tendency was observed by Qi et al. (2018) under 1% of low-density polyethylene (LDPE) and starch-based biodegradable MPs. An opposite result has been reported by Liu et al. (2022) after their experiment with wheat plants and MPs (PVC and PE in concentrations of 1% and 5%).

### *Root traits*

Apart from the impact on root length, MPs can negatively affect the root activity as reported for soybean (Xu et al., 2021) and for rice (Dong et al., 2022). Low density PE MPs (250–500  $\mu\text{m}$ ) can enhance the fine root surface area proportion in common bean (Meng et al., 2021) as well as high density PE MPs (>800  $\mu\text{m}$ ) can promote the total root area in spring onion

(de Souza Machado et al., 2019). Jia et al. (2022) proved that low doses of PE (293  $\mu\text{m}$ ) in soil decreased the electrolytic leakage of rape's roots while at dose of 0.1% (w/w) a stimulatory effect was pronounced.

### *Leaf traits*

Plants often respond to unfavorable conditions by developing smaller or higher mass per leaf area (Reich et al., 1997). Colzi et al. (2022) reported that *Cucurbita pepo* plants developed smaller leaves with a reduced lamina when exposed to PE and PVC (40–50  $\mu\text{m}$ ) at 0.1–0.2% but an increase of specific leaf area was also observed. LDPE MPs could lead to bigger leaf area in wheat (Qi et al., 2018) and in common bean (Meng et al., 2021). Wheat cultivars with bigger leaf area due to the addition of 1% LDPE microplastics (50  $\mu\text{m}$ –1 mm) in soil have been grown by Qi et al. (2018).

### *Biomass*

Changes in plant growth, induced by the MPs in the soil, are inevitable related to some changes in plants' fresh and dry biomass. Tomato plants significantly enhanced their biomass when MPs (PP, HDPE, LDPE and PET) have been added to soil but crop yield decreased (Hernandez-Arenas et al., 2021). LDPE MPs did not affect the biomass of Common bean cultivars although an inhibition has been found under the biodegradable MPs toxicity (Meng et al., 2021). Furthermore, Pignatelli et al. (2020) found a reduction of plant height in garden cress but an increment of plant biomass when exposed to PP, PE and PVC MPs at 0.02% (w/w) for 21 days. A decrement of both fresh and dry biomass of *Cucurbita pepo* was observed under the influence of PE, PVC and PET at 0.1–0.2% for 28 days (Colzi et al., 2022). These findings confirm that plants response to MPs in a species-specific or cultivar-dependent manner.

### *Photosynthesis and transpiration*

Photosynthetic parameters are considered as effective indicators of MPs induced stress in plants (Larue et al., 2021; Wang et al., 2022). The impact of MPs on the photosynthesis in maize was expressed by altering the photosynthetic rate (positively), transpiration rate (no effect),

stomatal conductance (no effect), intercellular CO<sub>2</sub> concentration (negatively) (Lian et al., 2021). Other study on maize revealed that PVC MPs (75-220 µm, 0.02g/150 g soil) had no significant effect on quantum photosynthetic yield of photosystem-II Y(II), maximum quantum yield (FV/FM) and FV/F0, while on the maximum electron transport rate (ETR) they had a suppressive effect (Pehlivan & Gedik, 2021). The sneakers sole fragments decreased the maximum fluorescence (Fm), maximum photochemical efficiency of the photosystem II (QY max), and coefficient of photochemical quenching (qP) in mung bean leaves (Lee et al., 2022).

#### *Chlorophyll content*

Some studies have tracked the changes in chlorophyll content to assess the toxicity of MPs on plants, suggesting that MPs accumulated in leaves may alter both the pigments content and the pigments ratios. Pignatelli et al. (2020) found that PP, PE and PVC microplastics (0.125 mm size, 0.02% w/w) exhibited a positive effect on chlorophyll and carotenoids in garden cress leaves. Meng et al. (2021) reported that low density PE (250 µm-1000 µm) in soil decreased the chlorophyll content in common bean leaves while the same size and amount of biodegradable MPs had a stimulatory effect. Photosynthetic pigment in maize were not affected by PE and PLA microplastics (Wang et al., 2020), but they were significantly suppressed by PVC MPs (Pehlivan & Gedik, 2021) and significantly stimulated by the presence of polyuretan-coated fertilizer in the soil (Lian et al., 2021). Chlorophyll content of wheat was no changed or even stimulated by low doses of PE (up to 1% w/w), but it was significantly disturbed when concentration raised (Qi et al., 2018; Liu et al. 2021; Guo et al., 2022). Same effect of PE MPs was reported by Jia et al. (2022) for chlorophyll in rape and by Colzi et al. (2022) for *Cucurbita pepo*. Recent studies have shown that MPs alter also the chl a/chl b ratio of plants, and thus reducing the effectiveness of photosynthesis.

#### *Oxidative stress biomarkers*

Oxidative stress is recognized as the most common ecotoxicity index in plants (Wang et al., 2022; Petrova et al., 2022; Petrova &

Petkova, 2023). When this type of stress occurs, the level of reactive oxygen species (ROS) is enhanced and the antioxidant defense mechanisms are involved into plant response. Catalase (CAT), peroxidase (POD), superoxide dismutase (SOD) activities typically increase (Zhang et al., 2021) as well as the content of malondialdehyde (MDA) (Wu et al., 2020). Maize roots with increased SOD gene activity was observed in the presence of PE MPs, but the CAT gene and GST gene activity in root has not been influenced (Fajardo et al., 2022). Although the H<sub>2</sub>O<sub>2</sub> in maize level raised due to the effect of PVC microparticles, the POD gene activity stayed the same while heat shock protein increased (Pehlivan & Gedik, 2021). Wheat roots with higher SOD, POD and CAT activities due to the low LDPE (0.5-8% w/w) in a 15-days treatment have been reported by Liu et al. (2021). Guo et al. (2022) revealed that after 42-days experiment with PE MPs the level of POD activity in wheat is higher. All enzymes activities (ROS, CAT, MDA, SOD and POD) both in roots and leaves of soybean plants treated by PS MPs significantly increased but in stems no change have been observed (Xu et al., 2021). Similar effect exerted PE MPs on sweet potato plants (Shi et al., 2022).

#### *Metabolites changes*

Metabolomics is an efficacy method for tracking the changes caused by toxicants on the metabolites concentrations and metabolic pathways in plant organism (Zhang et al., 2019; Wang et al., 2022). A series of changes in both primary and secondary metabolites have been described. In soybean exposed to PE and PLA microplastics (0.1% and 1%) for 49 days significantly changes were found in 7 out of 31 metabolites studied, indicating a strong type-dependent and dose-dependent effect (Lian et al., 2022). Wu et al. (2020) observed an inhibition of both primary (saccharides and aminoacids) and secondary (organic acids and fatty acids) metabolites in rice exposed to PS MPS for 142 days, with an exception of cycloserine and D-asparagine which have been enhanced. Polyester microfibers significantly reduced the content of 17 metabolites (from 46 studied) in lettuce (Zeb et al., 2022). The soluble sugar content and vitamin C content of rape

was also negatively affected by PE (Jia et al., 2022). Pignatelli et al. (2020) found a higher level of aminolevulinic acid and proline in cress after 21 days of exposure to PVC.

### Conclusions

As an overview of all above mentioned, some main conclusion could be made as follows:

1) The effects of MPs on plants are predominantly negative (toxic), but many studies revealed no significant effects as well as some studies reveal at positive effect (stimulation) of some plant biomarkers.

2) Different plant species demonstrated different responses to same MPs pollution, which could be explained by both biological specificities in plant structure and/or in plant physiology.

3) The size of MPs is an important factor – the smaller fractions of MPs had a more significant effect on plants.

4) The MPs concentration is also an important factor for plant growth and performance – some studies revealed a stimulatory effect in low doses of MPs presence in soil which transformed into an inhibition when MPs content increased.

5) Some enzymes activities and photosynthesis parameters could be evaluated as potential plant biomarkers for MPs pollution in soil although the lack of specificity in their reaction to different type of stress.

It should be pointed also, that currently the researchers' work on the effect of MPs on plants is limited to a few common plant species and short-time studies. So, some future research priorities should be dedicated to the long-term effects of MPs on a variety of plant species in both lab and field conditions.

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